






# What's on the Menu?

## East China Elementary Lunch Menu: January 2022

LUNCH IS AVAILABLE AT NO CHARGE FOR ALL STUDENTS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Mini Corn Dogs Or Yogurt Fun Lunch (Yogurt, Muffin, String Cheese &amp; Crackers) Baked Beans Baby Carrots Fresh Apple</p> 	<p>4</p> <p>Chicken Nuggets w/Breadstick Or Grilled Cheese Curly Fries Romaine &amp; Spinach Salad Diced Pears</p>	<p>5</p> <p>Homemade Macaroni &amp; Cheese w/Dinner Roll Or Yogurt Fun Lunch Baby Carrots Fresh Broccoli Diced Peaches</p>	<p>6</p> <p>Popcorn Chicken W/Dinner Roll Or Grilled Cheese Golden Corn Romaine &amp; Spinach Salad Fresh Cantaloupe Chunks</p>	<p>7</p> <p>Walking Tacos Or Yogurt Fun Lunch Refried Beans Baby Carrots Applesauce</p> 
<p>10</p> <p>Chicken Drumstick w/Cinnamon Breadstick Or Corn Dog on a Stick Baked Beans Baby Carrots Diced Pears</p>	<p>11</p> <p>Meat &amp; Cheese Nachos Or Soft Pretzel w/Cheddar Cheese Steamed Corn Sliced Cucumbers Sweet Peaches</p>	<p>12</p> <p><i>Early Release Day</i></p> <p>Pepperoni Pizza Caesar Salad Baby Carrots Fresh Grapes</p> 	<p>13</p> <p>Hot Dog on a Bun Or Soft Pretzel w/Cheddar Cheese Baked Tots Fresh Broccoli Cinnamon Applesauce</p>	<p>14</p> <p>Lasagna Roll-Up w/Garlic Breadstick Or Corn Dog on a Stick Fresh Green Beans Romaine &amp; Spinach Salad Fresh Orange <i>Treat w/Lunch</i></p>
<p>17</p> <p>No School</p> 	<p>18</p> <p>Chicken Tenders w/Dinner Roll Or Cereal Fun Lunch Baked Fries Baby Carrots Diced Pears</p>	<p>19</p> <p>Pasta with Meat Sauce &amp; Breadstick Or Cheeseburger Roasted Fresh Cauliflower Romaine &amp; Spinach Salad Sweet Peaches <i>Lucky Lunch Day</i></p>	<p>20</p> <p>Popcorn Chicken W/Dinner Roll Or Cereal Fun Lunch Golden Corn Fresh Broccoli Cantaloupe Chunks</p>	<p>21</p> <p><i>Half Day – Bag Lunch</i> Pizza Lunch Kit Baby Carrots Apple Juice Fresh Orange <i>Treat w/Lunch</i></p> 
<p>24</p> <p>Bosco Sticks w/Sauce Or Chicken Nuggets w/Dinner Roll Warm Cinnamon Apple Slices Spinach &amp; Cranberry Salad Baby Carrots</p>	<p>25</p> <p>Meat &amp; Cheese Nachos Or Strawberry Parfait w/Homemade Granola Refried Beans Cucumber Slices Pineapple Chunks</p>	<p>26</p> <p>Warm Pancakes w/Sausage Or Chicken Nuggets W/Dinner Roll Baked Tots Baby Carrots Mixed Fruit</p>	<p>27</p> <p>Cheese Pizza Or Strawberry Parfait w/Homemade Granola Romaine &amp; Spinach Salad Power Peas Fresh Grapes</p>	<p>28</p> <p>Grilled Cheese Or Chicken Nuggets w/Dinner Roll Baked Fries Fresh Broccoli Applesauce</p>

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**Menus Will Be Changing As We Manage the National Supply Chain Challenges**

This institution is an equal opportunity provider.

Lunch: A full student lunch includes a choice of entree supplying grain and/or protein, two (2) side dishes and choice of milk. Milk choices include 1% white and 1% chocolate.



Vegetarian  Locally Grown

**Questions or Comments?**

Please contact

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Milk, Juice & Water \$0.60  
Friday's Mini Ice Cream Sandwiches \$0.75  
Payments can be made through E-Funds or Cash