

Menu Collections - Menu Allergen-Intolerance Report

Report Run: Dec 19, 2018

Date(s) Included: 01/07/2019 - 02/01/2019

Meal Period(s) included: Main Entrees, Sides for All Meals, Extra Extra, Milk & Condiments

Menu(s) included: Lunch

CONFIDENTIAL-PROPRIETARY:

(?) indicates allergen/intolerance is at risk - varies by brand, check label

(Has) indicates allergen/intolerance is present in recipe

(Blank) indicates allergen/intolerance is NOT present in recipe

Compass cannot accept responsibility for use of this document by individuals that have not been properly trained, nor can it be held responsible for use by unauthorized individuals

This is a tool. Unit staff should ALWAYS confirm existence or absence of allergens and intolerances by reading ALL product labels.

(?) indicates allergen/intolerance is at risk – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/7/2019, Monday (Main Entrees)																
2 APL CK12 Pizza, Cheese, Wedge, Stu (70551.33)			HAS			HAS		HAS	HAS	HAS		HAS			HAS	
2 APL CK12 Egg, Scrambled, Precooked (34534.154)	HAS		HAS			HAS				HAS						
2 APL CK12 French Toast, Sticks, WG (34512.40)	HAS					HAS		HAS		HAS						
1 MM CK12 Syrup, Breakfast, Bulk, 1 (34503.1)										HAS						
1/7/2019, Monday (Sides for All Meals)																
2 APL CK12 Corn, Frozen, 1/2 Cup (34655.37)																
1/7/2019, Monday (Extra Extra)																
2 APL CK12 Apple, Red Delicious, Who (34124)																
2 APL CK12 Pineapple, Chunks, Canned (33761.3)																
1 MM CK12 Tomatoes, Cherry, Fresh, 1 (41125.2)															HAS	
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/7/2019, Monday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
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1/8/2019, Tuesday (Main Entrees)

2 APL CK12 Taco Filling, Beef (JTM C (34810.11)						HAS			HAS			HAS			HAS	
1 MM CK12 Tortilla, Flour, WG (Missi (37912.2)						HAS		HAS		HAS						
1 MM CK12 Cheese, Cheddar, Shredded, (37852.9)			HAS													
1 MM CK12 Chicken, Nuggets (Tyson 70 (35365.12)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						

1/8/2019, Tuesday (Sides for All Meals)

2 APL CK12 Beans, Refried, Vegetaria (37533.5)						HAS			HAS			HAS			HAS	
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1/8/2019, Tuesday (Extra Extra)

1 MM CK12 Peaches, Canned, Extra Lig (33761)																
2 APL CK12 Apple, Slices, Canned, Ci (44271.1)																
1 MM CK12 Cucumber, Fresh, Unpeeled, (39949)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																

1/8/2019, Tuesday (Milk & Condiments)

3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/9/2019, Wednesday (Main Entrees)																
1 MM CK12 Fun Lunch: Cereal (Cheerio (37448.34)			HAS			HAS		HAS		HAS		HAS		HAS		
2 APL CK12 Pizza, Cheese, Wedge, Stu (70551.33)			HAS			HAS		HAS	HAS	HAS		HAS			HAS	
1/9/2019, Wednesday (Sides for All Meals)																
2 APL CK12 Carrots, Frozen, 1/2 Cup (34672.6)																
1/9/2019, Wednesday (Extra Extra)																
2 APL CK12 Mixed Fruit, Canned, Extr (39262.6)																
2 APL CK12 Grapes, Fresh, Red Seedle (39952)																
1 MM CK12 Cauliflower, Florets, Fres (37456.5)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/9/2019, Wednesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/10/2019, Thursday (Main Entrees)																
3 CK12 Salad, Chef, Turkey Ham (Jenn (39888.112)			HAS												HAS	
2 APL CK12 Breadstick, Garlic (Bake (41161.16)	HAS		HAS			HAS		HAS	HAS	HAS						
2 APL CK12 Chicken, Popcorn (Tyson 7 (40849.2)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						
1/10/2019, Thursday (Sides for All Meals)																
1 MM CK12 Broccoli, Frozen, 1/2 Cup (34655.35)																
1/10/2019, Thursday (Extra Extra)																
2 APL CK12 Orange, Fresh, Wedges, 11 (34123.14)													HAS			
2 APL CK12 Applesauce, Canned, Unswe (33761.4)																
1 MM CK12 Carrots, Fresh, Baby, Bulk (35660)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/10/2019, Thursday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/11/2019, Friday (Main Entrees)																
2 APL CK12 Hot Dog, Beef Tyson, Ball (37908.209)						HAS		HAS		HAS						
2 APL CK12 Sandwich, Cheese, Grilled (34873.121)			HAS			HAS		HAS		HAS						
1 MM CK12 Soup, Tomato (Campbell's 1 (37531.8)						HAS		HAS		HAS					HAS	
1/11/2019, Friday (Sides for All Meals)																
2 APL CK12 Beans, Baked, BBQ, Purcha (37784.1)									HAS			HAS			HAS	
1/11/2019, Friday (Extra Extra)																
2 APL CK12 Banana, 150 Ct (1318.5)																
2 APL CK12 Pears, Canned, Diced, Und (33761.2)																
1 MM CK12 Peas, Green, Frozen, Unpre (52529)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/11/2019, Friday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/14/2019, Monday (Main Entrees)																
1 MM CK12 Breadstick, Cheese Filled, (35341.4)			HAS			HAS		HAS		HAS						
2 APL CK12 Sauce, Spaghetti, Canned, (37909)												HAS			HAS	
2 APL CK12 Egg, Scrambled, Precooked (34534.154)	HAS		HAS			HAS				HAS						
2 APL CK12 French Toast, Sticks, WG (34512.40)	HAS					HAS		HAS		HAS						
1 MM CK12 Syrup, Breakfast, Bulk, 1 (34503.1)										HAS						
1/14/2019, Monday (Sides for All Meals)																
1 MM CK12 Beans, Green, Frozen, Seas (34655.1)																
1/14/2019, Monday (Extra Extra)																
2 APL CK12 Apple, Red Delicious, Who (34124)																
2 APL CK12 Pineapple, Chunks, Canned (33761.3)																
1 MM CK12 Tomatoes, Cherry, Fresh, 1 (41125.2)															HAS	
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/14/2019, Monday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/15/2019, Tuesday (Main Entrees)

2 APL CK12 Taco Filling, Beef (JTM C (34810.11)						HAS			HAS			HAS			HAS	
Chips, Tortilla, Nacho Cheese, Dorit (85834)			HAS						HAS			HAS			HAS	
1 MM CK12 Cheese, Cheddar, Shredded, (37852.9)			HAS													
1 MM CK12 Chicken, Nuggets (Tyson 70 (35365.12)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						

1/15/2019, Tuesday (Sides for All Meals)

2 APL CK12 Beans, Refried, Vegetaria (37533.5)						HAS			HAS			HAS			HAS	
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1/15/2019, Tuesday (Extra Extra)

1 MM CK12 Peaches, Canned, Extra Lig (33761)																
2 APL CK12 Apple, Slices, Canned, Ci (44271.1)																
1 MM CK12 Cucumber, Fresh, Unpeeled, (39949)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																

1/15/2019, Tuesday (Milk & Condiments)

3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/16/2019, Wednesday (Main Entrees)																
2 APL CK12 Sandwich, Toasted or Pani (41217.402)			HAS			HAS		HAS		HAS						
2 APL CK12 Soup, Chicken (Jafco 1000 (43431.6)	HAS					HAS		HAS		HAS		HAS				
2 APL CK12 Pizza, Cheese, Wedge, Stu (70551.33)			HAS			HAS		HAS	HAS	HAS		HAS			HAS	
1/16/2019, Wednesday (Sides for All Meals)																
1 MM CK12 Carrots, Fresh, Baby, Bulk (35660)																
1/16/2019, Wednesday (Extra Extra)																
2 APL CK12 Mixed Fruit, Canned, Extr (39262.6)																
2 APL CK12 Grapes, Fresh, Red Seedle (39952)																
1 MM CK12 Cauliflower, Florets, Fres (37456.5)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/16/2019, Wednesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/17/2019, Thursday (Main Entrees)																
2 APL CK12 Pasta, Rotini, ENR, Itali (35978.54)	HAS							HAS		HAS		HAS			HAS	
2 APL CK12 Chicken, Popcorn (Tyson 7 (40849.2)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (WS, 1 oz (70574.7)						HAS		HAS		HAS						
1/17/2019, Thursday (Sides for All Meals)																
1 MM CK12 Carrots, Roasted "Fries, " (37383)									HAS							
1/17/2019, Thursday (Extra Extra)																
2 APL CK12 Orange, Fresh, Wedges, 11 (34123.14)													HAS			
2 APL CK12 Applesauce, Canned, Unswe (33761.4)																
1 MM CK12 Carrots, Fresh, Baby, Bulk (35660)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/17/2019, Thursday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/18/2019, Friday (Main Entrees)																
2 APL CK12 Sandwich, Turkey Ham (Jen (70944.73)			HAS					HAS		HAS						
2 APL CK12 Sandwich, Cheese, Grilled (34873.121)			HAS			HAS		HAS		HAS						
1 MM CK12 Soup, Tomato (Campbell's 1 (37531.8)						HAS		HAS		HAS					HAS	
1/18/2019, Friday (Extra Extra)																
2 APL CK12 Banana, 150 Ct (1318.5)																
2 APL CK12 Pears, Canned, Diced, Und (33761.2)																
1 MM CK12 Peas, Green, Frozen, Unpre (52529)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/18/2019, Friday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/21/2019, Monday (Main Entrees)																
2 APL CK12 Sauce, Cheese (JTM 5705), (68827.4)			HAS													
2 APL CK12 Pretzel, Rod, WG (J&J 310 (44777.7)								HAS		HAS						
2 APL CK12 Egg, Scrambled, Precooked (34534.154)	HAS		HAS			HAS				HAS						
2 APL CK12 French Toast, Sticks, WG (34512.40)	HAS					HAS		HAS		HAS						
1/21/2019, Monday (Sides for All Meals)																
1 MM CK12 Broccoli, Florets, Fresh, (76213)									HAS							
1/21/2019, Monday (Extra Extra)																
2 APL CK12 Apple, Red Delicious, Who (34124)																
2 APL CK12 Pineapple, Chunks, Canned (33761.3)																
1 MM CK12 Tomatoes, Cherry, Fresh, 1 (41125.2)															HAS	
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/21/2019, Monday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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1/22/2019, Tuesday (Main Entrees)																
2 APL CK12 Taco Filling, Beef (JTM C (34810.11)						HAS			HAS			HAS			HAS	
1 MM CK12 Sauce, Cheese, Canned, Mil (37787.1)			HAS													
2 APL CK12 Tortilla Chips, 2 oz eq (39573.8)																
1 MM CK12 Chicken, Nuggets (Tyson 70 (35365.12)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						
1/22/2019, Tuesday (Sides for All Meals)																
2 APL CK12 Beans, Refried, Vegetaria (37533.5)						HAS			HAS			HAS			HAS	
1/22/2019, Tuesday (Extra Extra)																
2 APL CK12 Apple, Slices, Canned, Ci (44271.1)																
1 MM CK12 Peaches, Canned, Extra Lig (33761)																
1 MM CK12 Cucumber, Fresh, Unpeeled, (39949)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/22/2019, Tuesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/23/2019, Wednesday (Main Entrees)																
1 MM CK12 Pancakes, WG (Aunt Jemima (38300.2)	HAS					HAS		HAS		HAS						
1 MM CK12 Sausage, Turkey, Patty, 1. (37857)																
1 MM CK12 Syrup, Breakfast, Bulk, 1 (34503.1)										HAS						
2 APL CK12 Pizza, Cheese, Wedge, Stu (70551.33)			HAS			HAS		HAS	HAS	HAS		HAS			HAS	
1/23/2019, Wednesday (Sides for All Meals)																
2 APL CK12 Juice, Apple, 4 fl oz, Co (71205)																
1/23/2019, Wednesday (Extra Extra)																
2 APL CK12 Grapes, Fresh, Red Seedle (39952)																
2 APL CK12 Mixed Fruit, Canned, Extr (39262.6)																
1 MM CK12 Cauliflower, Florets, Fres (37456.5)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/23/2019, Wednesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/24/2019, Thursday (Main Entrees)																
2 APL CK12 Pasta, Macaroni and Chees (36236)	HAS		HAS			HAS		HAS		HAS						
2 APL CK12 Pretzel, Rod, WG (J&J 310 (44777.7)								HAS		HAS						
2 APL CK12 Chicken, Popcorn (Tyson 7 (40849.2)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						
1/24/2019, Thursday (Sides for All Meals)																
2 APL CK12 Potato, Wedges (LambWesto (34801)						HAS		HAS	HAS	HAS		HAS				
1/24/2019, Thursday (Extra Extra)																
2 APL CK12 Orange, Fresh, Wedges, 11 (34123.14)													HAS			
2 APL CK12 Applesauce, Canned, Unswe (33761.4)																
1 MM CK12 Carrots, Fresh, Baby, Bulk (35660)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/24/2019, Thursday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/25/2019, Friday (Main Entrees)																
1 MM CK12 Sandwich, Chicken (Tyson 7 (34921.177)						HAS		HAS	HAS	HAS		HAS				
2 APL CK12 Sandwich, Cheese, Grilled (34873.121)			HAS			HAS		HAS		HAS						
1 MM CK12 Soup, Tomato (Campbell's 1 (37531.8)						HAS		HAS		HAS					HAS	
1/25/2019, Friday (Sides for All Meals)																
3 CK12 Potato, Oven Fries, Crinkle C (34801.1)																
1/25/2019, Friday (Extra Extra)																
2 APL CK12 Banana, 150 Ct (1318.5)																
2 APL CK12 Pears, Canned, Diced, Und (33761.2)																
1 MM CK12 Peas, Green, Frozen, Unpre (52529)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/25/2019, Friday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/28/2019, Monday (Main Entrees)																
1 MM CK12 Quesadilla, Cheese, 10" EN (35981.50)			HAS			HAS		HAS	HAS	HAS						
2 APL CK12 Egg, Scrambled, Precooked (34534.154)	HAS		HAS			HAS				HAS						
2 APL CK12 French Toast, Sticks, WG (34512.40)	HAS					HAS		HAS		HAS						
1 MM CK12 Syrup, Breakfast, Bulk, 1 (34503.1)										HAS						
1/28/2019, Monday (Sides for All Meals)																
2 APL CK12 Beans, Refried, Vegetaria (37533.5)						HAS			HAS			HAS			HAS	
1/28/2019, Monday (Extra Extra)																
2 APL CK12 Apple, Red Delicious, Who (34124)																
2 APL CK12 Pineapple, Chunks, Canned (33761.3)																
1 MM CK12 Tomatoes, Cherry, Fresh, 1 (41125.2)															HAS	
1 MM CK12 Fruit, Assorted, Fresh (34507)												HAS				
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/28/2019, Monday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

(?) indicates allergen/intolerance is at risk – varies by brand, check label: (Has) indicates allergen/intolerance is present in recipe

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/29/2019, Tuesday (Main Entrees)																
3 CK12 Burger, Cheeseburger, Beef (A (34925.403)			HAS			HAS		HAS		HAS						
1 MM CK12 Chicken, Nuggets (Tyson 70 (35365.12)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						
1/29/2019, Tuesday (Sides for All Meals)																
2 APL CK12 Potato, Wedges (LambWesto (34801)						HAS		HAS	HAS	HAS		HAS				
1/29/2019, Tuesday (Extra Extra)																
2 APL CK12 Apple, Slices, Canned, Ci (44271.1)																
1 MM CK12 Peaches, Canned, Extra Lig (33761)																
1 MM CK12 Cucumber, Fresh, Unpeeled, (39949)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/29/2019, Tuesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/30/2019, Wednesday (Main Entrees)																
2 APL CK12 French Toast, Sticks, WG (34512.40)	HAS					HAS		HAS		HAS						
1 MM CK12 Syrup, Breakfast, Bulk, 1 (34503.1)										HAS						
2 APL CK12 Sausage, Turkey, Patty, 1 (37857.4)																
2 APL CK12 Pizza, Cheese, Wedge, Stu (70551.33)			HAS			HAS		HAS	HAS	HAS		HAS			HAS	
1/30/2019, Wednesday (Sides for All Meals)																
2 APL CK12 Juice, Apple, 4 fl oz, Co (71205)																
1/30/2019, Wednesday (Extra Extra)																
2 APL CK12 Mixed Fruit, Canned, Extr (39262.6)																
2 APL CK12 Grapes, Fresh, Red Seedle (39952)																
1 MM CK12 Cauliflower, Florets, Fres (37456.5)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/30/2019, Wednesday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
1/31/2019, Thursday (Main Entrees)																
1 MM CK12 Parfait, Lunch, Yogurt (Va (34510.22)		HAS	HAS					HAS		HAS				HAS		
2 APL CK12 Chicken, Popcorn (Tyson 7 (40849.2)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Dinner Roll, WG (Frozen, 1 (70574)						HAS		HAS		HAS						
1/31/2019, Thursday (Sides for All Meals)																
1 MM CK12 Broccoli, Frozen, Seasoned (34655.2)																
1/31/2019, Thursday (Extra Extra)																
2 APL CK12 Orange, Fresh, Wedges, 11 (34123.14)													HAS			
2 APL CK12 Applesauce, Canned, Unsw (33761.4)																
1 MM CK12 Carrots, Fresh, Baby, Bulk (35660)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
1/31/2019, Thursday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				

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Menu Item Name	Egg	Fish	Milk	Peanuts	ShellfishCrustacean	Soy	Nuts	Wheat	Garlic	Gluten	Mushroom	Onion	Orange	Strawberry	Tomato	Sesame
2/1/2019, Friday (Main Entrees)																
2 APL CK12 Chicken, Drumstick, Bread (68629.5)						HAS		HAS	HAS	HAS		HAS				
1 MM CK12 Biscuit, WG (GM 1009456232 (69989.5)			HAS			HAS		HAS		HAS						
2 APL CK12 Sandwich, Cheese, Grilled (34873.121)			HAS			HAS		HAS		HAS						
1 MM CK12 Soup, Tomato (Campbell's 1 (37531.8)						HAS		HAS		HAS					HAS	
2/1/2019, Friday (Sides for All Meals)																
1 MM CK12 Potato, Mashed, Instant (B (35038.6)			HAS													
2 APL CK12 Gravy, Chicken, Low Sodi (35188.3)			HAS			HAS		HAS		HAS		HAS				
2/1/2019, Friday (Extra Extra)																
2 APL CK12 Banana, 150 Ct (1318.5)																
2 APL CK12 Pears, Canned, Diced, Und (33761.2)																
1 MM CK12 Peas, Green, Frozen, Unpre (52529)																
1 MM CK12 Fruit, Assorted, Fresh (34507)													HAS			
1 MM CK12 Fruit, Assorted, Canned, V (34505.1)																
1 MM CK12 Salad, Side, Romaine, Spin (34815.2)																
2/1/2019, Friday (Milk & Condiments)																
3 CK12 Milk, White, 1% Low Fat, 8 fl (69531)			HAS													
3 CK12 Milk, White, Skim, 8 fl oz, P (69530)			HAS													
3 CK12 Milk, Chocolate, Low Fat, 1%, (115465)			HAS													
1 MM CK12 Ketchup, Bulk Condiment, 1 (34928)									HAS			HAS			HAS	
1 MM CK12 Mustard, Bulk Condiment (34929)									HAS							
1 MM CK12 Mayo, Bulk (Kraft Heinz, 5 (34927)	HAS					HAS			HAS			HAS				
1 MM CK12 Salad Dressing, Ranch, Lig (34930.1)	HAS		HAS			HAS			HAS			HAS				