



# WHAT'S ON THE MENU?

January 7th-11th, 2019

Student Lunch Price: \$2.65

Reduced Lunch Price: \$.40

Ready, Set Deli, Lunch: \$3.25

Adult Lunch \$ 3.75

Ala Carte Milk Price: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
<b>Walking Tacos</b> <i>Beef Taco Meat</i> <i>Nacho Doritos</i> <i>Cinnamon Breadstick</i> <i>Shredded Lettuce &amp; Salsa</i> <i>Shredded Cheddar Cheese</i>	<b>Asian Bowl</b> <i>Sweet &amp; Sour Chicken</i> <i>Lucky Fried Rice</i> <i>Green Peppers,</i> <i>Carrots &amp; Onions</i> <i>Sesame Green Beans</i> <i>Crunchy Asian Topping</i>	<b>Popcorn Chicken Bowl</b> <i>Garlic Mashed Potatoes</i>  <i>Steamed Corn</i>  <i>Chicken Gravy</i> <i>Fresh Baked Breadstick</i> <i>Cheddar Cheese</i> <i>Green Onions</i>	<b>Fajita Bar</b>  <i>Chicken Fajita Strips</i>  <i>Sautéed Onions &amp; Peppers</i> <i>Mexican Rice</i> <i>Shredded Lettuce &amp; Roasted Salsa</i> <i>Cheddar Cheese</i> <i>Sour Cream</i>	<b>Italian Pasta Bar</b>  <i>Italian Meat Sauce</i> <i>Meatballs &amp; Sauce</i>  <i>Penne Pasta</i>  <i>Balsamic Roasted Summer Squash</i> <i>Sautéed Mushrooms</i> <i>Seasoned Peas</i>
<b>Grilled</b>				
<b>Ham &amp; Cheese Bagel Melt</b>  <b>Classic American Cheeseburger</b> <b>Crispy Chicken Patty</b> <i>Potato Wedges</i>	<b>Toasted Cheese Sandwich</b>  <b>Classic American Cheeseburger</b> <b>Crispy Chicken Patty</b> <i>Tater Tots</i>	<b>Crispy Chicken Breast Tenders w/ Dinner Roll</b> <b>Classic American Cheeseburger</b> <b>Crispy Chicken Patty</b> <i>Seasoned Fries</i>	<b>Italian Supreme Turkey Panini</b> <b>Classic American Cheeseburger</b> <b>Crispy Chicken Patty</b> <i>Tater Tots</i>	<b>Cheese Quesadilla W/Salsa</b>  <b>Spicy Chicken Patty</b> <b>Crispy Chicken Patty</b> <i>Curly Fries</i>
<b>2 Mato</b>				
<b>Pepperoni Flatbread</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Cheesy French Bread Pizza</b>  <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Classic Pepperoni Pizza</b>  <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Beef Taco Pizza</b>  <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Sausage Flatbread</b>  <b>Classic Pepperoni Pizza</b> <b>Bosco Sticks &amp; Sauce</b> <b>Classic Cheese Pizza</b>
<b>So Deli</b>				
<b>Made to Order Sandwich or Salad Bar</b>	<b>Made to Order Sandwich or Salad Bar</b>	<b>Made to Order Sandwich or Salad Bar</b>	<b>Made to Order Sandwich or Salad Bar</b>	<b>Made to Order Sandwich or Salad Bar</b>
<b>On the Go</b>				
<b>Crispy Chicken Caesar Salad</b>  <b>Turkey Ranch Wrap</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>	<b>Turkey Ham &amp; Turkey Chef Salad</b> <b>Chicken Apple Salad on a Ciabatta</b>  <b>Cheese, Cracker &amp; Grape Cup</b>  <b>Peach Parfait</b>	<b>Strawberry Chicken Salad</b>  <b>Chicken Ranch Wrap</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>	<b>Turkey Ham &amp; Turkey Chef Salad</b> <b>Turkey &amp; Cheddar Ciabatta</b>  <b>Cheese, Cracker &amp; Grape Cup</b>  <b>Peach Parfait</b>	<b>Chopped Apple Salad with Chicken</b> <b>Chicken Caesar Salad Wrap</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>
<b>Extra Extra</b>				
<i>Fresh Caesar Salad</i> <i>Fresh Baby Carrots</i> <i>Green Peas</i> <i>Cantaloupe Cubes</i> <i>Chilled Peaches</i>	<i>Lettuce and Tomato Salad</i> <i>Fresh Broccoli Florets</i> <i>Citrus Chick Pea Salad</i> <i>Fresh Red Delicious Apple</i> <i>Chilled Pears</i>	<i>Home-style Potato Salad</i> <i>Fresh Baby Carrots</i> <i>Cherry Tomatoes</i> <i>Chilled Applesauce</i> <i>Raisins</i>	<i>Citrus Chick Pea Salad</i> <i>Fresh Cauliflower Florets</i> <i>Celery Sticks</i> <i>Mixed Fruit Cocktail</i> <i>Fresh Pear</i>	<i>Home-style Potato Salad</i> <i>Sliced Cucumbers</i> <i>Baby Carrots</i> <i>Fresh Red Delicious Apple</i> <i>Pineapple Tidbits</i>

This institution is an equal opportunity provide

WK1

**HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**



# WHAT'S ON THE MENU?

January 14th-18th, 2019

Student Lunch Price: \$2.65

Reduced Lunch Price: \$.40

Ready, Set Deli, Lunch: \$3.25

Adult Lunch \$ 3.75

Ala Carte Milk Price: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
<b>Beef &amp; Cheese Nachos</b> <i>Seasoned Beef</i> <i>Cheese Sauce</i>  <i>Cinnamon Breadstick</i>  <i>Fresh Pico de Gallo</i> <i>Sour Cream</i> <i>Shredded Lettuce</i> <i>Mild Salsa</i>	<b>Hot Dog Bar</b>  <i>Curly Fries</i>  <i>Warm Chili</i> <i>Cheese Sauce</i>  <i>BBQ Baked Beans</i>  <i>Assorted Toppings</i>	<b>Mashed Potato Bowl</b>  <i>Mashed Potatoes &amp; Gravy</i>  <i>Popcorn Chicken</i>  <i>Seasoned Corn</i>  <i>WG Dinner Roll</i> <i>Shredded Cheese</i>	<b>Soup &amp; Sandwich</b> Hot Ham & Cheese on a Pretzel Roll <i>Creamy Tomato Soup or</i> <i>Homemade Chicken</i> <i>Noodle</i>  <i>Saltine Crackers</i>  <i>Warm Cinnamon Apples</i>	<b>Chicken Alfredo Bar</b>  <i>Penne or Spaghetti Pasta</i>  <i>Alfredo Sauce</i>  <i>Seasoned Chicken</i> <i>Steamed Broccoli</i> <i>Sautéed Mushrooms</i> <i>Parmesan Cheese</i>
<b>Grilled</b>				
<b>Pizza Burger</b>  <b>Classic American</b> <b>Cheeseburger</b>  <b>Crispy Chicken Sandwich</b>  <i>Seasoned Potato Wedges</i>	<b>Mini Turkey Corn Dogs</b>  <b>Turkey Burger</b>  <b>Crispy Chicken Sandwich</b>  <i>Tater Tots</i>	<b>Turkey &amp; Cheese</b> <b>Flatbread</b> <b>Classic American</b> <b>Cheeseburger</b>  <b>Crispy Chicken Sandwich</b>  <i>Seasoned Fries</i> <i>2 Mato</i>	<b>Three Cheese Pretzel</b> <b>Sandwich</b>  <b>Bacon Cheeseburger</b>  <b>Crispy Chicken Sandwich</b>  <i>Tater Tots</i>	<b>Toasted Mozzarella &amp;</b> <b>Pepperoni Sandwich</b> <b>Classic American</b> <b>Cheeseburger</b>  <b>Crispy Chicken Sandwich</b>  <i>Curly Fries</i>
<b>So Deli</b>				
<b>Hawaiian Pizza</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>French Bread Pizza</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Baked Mozzarella Sticks</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Pepperoni Croissant</b> <b>Classic Pepperoni Pizza</b> <b>Bosco Sticks &amp; Sauce</b> <b>Classic Cheese Pizza</b>
<b>On the Go</b>				
<b>Made to Order Sandwich or</b> <b>Salad Bar</b>	<b>Made to Order Sandwich or</b> <b>Salad Bar</b>	<b>Made to Order Sandwich or</b> <b>Salad Bar</b>	<b>Made to Order Sandwich or</b> <b>Salad Bar</b>	<b>Made to Order Sandwich or</b> <b>Salad Bar</b>
<b>Popcorn Chicken Salad</b>  <b>Turkey Ham &amp; Cheese</b> <b>Hoagie</b>  <b>Muffin, Yogurt, String</b> <b>Cheese &amp; Goldfish</b> <b>Crackers</b> <b>Strawberry Parfait</b>	<b>Ham &amp; Turkey Chef Salad</b>  <b>Hummus with Veggies and</b> <b>Pita</b>  <b>Cheese, Cracker &amp; Grape</b> <b>Cup</b>  <b>Berry Parfait</b>	<b>Beef Taco Salad w/Nacho</b> <b>Chips</b>  <b>Turkey &amp; Cheese</b> <b>Pinwheels</b>  <b>Muffin, Yogurt, String</b> <b>Cheese &amp; Goldfish</b> <b>Crackers</b> <b>Strawberry Parfait</b>	<b>Ham &amp; Turkey Chef Salad</b>  <b>Turkey Ranch Club Wrap</b>  <b>Cheese, Cracker &amp; Grape</b> <b>Cup</b>  <b>Blueberry Parfait</b>	<b>Chicken BLT Salad</b>  <b>Italian Ciabatta</b>  <b>Muffin, Yogurt, String</b> <b>Cheese &amp; Goldfish</b> <b>Crackers</b> <b>Strawberry Parfait</b>
<b>Extra Extra</b>				
<i>Creamy Coleslaw</i>  <i>Power Peas</i>  <i>Fresh Baby Carrots</i> <i>Red Delicious Apple</i> <i>Chilled Applesauce</i>	<i>Spinach &amp; Cranberry Salad</i> <i>Corn &amp; Black Bean Salad with</i> <i>Salsa</i>  <i>Fresh Broccoli Florets</i>  <i>Chilled Peaches</i> <i>Apple Slices</i>	<i>Creamy Coleslaw</i>  <i>Marinated Cool Cumpers</i>  <i>Fresh Cherry Tomatoes</i>  <i>Chilled Pears</i> <i>Raisins</i>	<i>Spinach &amp; Cranberry Salad</i> <i>Corn &amp; Black Bean Salad with</i> <i>Salsa</i>  <i>Fresh Celery Sticks</i>  <i>Cinnamon Applesauce</i> <i>Fresh Apple</i>	<i>Mixed Greens</i>  <i>Sliced Cucumbers</i>  <i>Fresh Baby Carrots</i> <i>Mixed Fruit Cocktail</i> <i>Fresh Pear</i>

This institution is an equal opportunity provider.

WK2

**HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**



# WHAT'S ON THE MENU?

January 21st-25th, 2019

Student Lunch Price: \$2.65

Reduced Lunch Price: \$.40

Ready, Set Deli, Lunch: \$3.25

Adult Lunch \$ 3.75

Ala Carte Milk Price: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
<b>Swedish Meatballs</b> <i>Garlic Mashed Potatoes &amp; Gravy</i> <i>Twisted Cinnamon Breadstick</i> <i>Fresh Green Beans</i> <i>Green Onions</i>	<b>Taco Tuesday</b> Beef Soft Shell Tacos  <i>Fiesta Rice</i>  <i>Shredded Romaine</i> <i>Roasted Tomato Salsa</i> Cheese & Sour Cream	<i>Half Day</i>	<i>Half Day</i>	<i>Half Day</i>
<b>Grilled</b>				
<b>Chicken Tenders w/Breadstick</b> <b>Classic Cheeseburger</b> <b>Crispy Chicken Sandwich</b> <i>Seasoned Potato Wedges</i>	<b>Italian Meatball Sub</b> <b>Bacon Cheeseburger</b> <b>Crispy Chicken Sandwich</b>  <i>Tater Tots</i>			
<b>2 Mato</b>				
<b>Turkey &amp; Cheese Stromboli</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Hawaiian Pizza</b> <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>			
<b>So Deli</b>				
Made to Order Sandwich or Salad Bar	Made to Order Sandwich or Salad Bar			
<b>On the Go</b>				
<b>Crispy Chicken Caesar Salad</b>  <b>Turkey Ranch Wrap</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>	<b>Turkey Ham &amp; Turkey Chef Salad</b> <b>Chicken Apple Salad on a Ciabatta</b>  <b>Cheese, Cracker &amp; Grape Cup</b>  <b>Peach Parfait</b>			
<b>Extra Extra</b>				
<i>Spinach &amp; Vegetable Salad</i> <i>Fresh Baby Carrots</i> <i>Peas</i> <i>Cantaloupe Cubes</i> <i>Cinnamon Applesauce</i>	<i>Tomato &amp; Cucumber Salad</i>  <i>Fresh Broccoli</i> <i>Asian Pinto Bean Salad</i> <i>Chilled Pears</i> <i>Raisins</i>			

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WK3

HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.



# WHAT'S ON THE MENU?

January 28th-Feb. 1st, 2019

Student Lunch Price: \$2.65

Reduced Lunch Price: \$.40

Ready, Set Deli, Lunch: \$3.25

Adult Lunch \$ 3.75

Ala Carte Milk Price: \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Create</b>				
<b>Chicken Parmesan</b> <i>Breaded Chicken</i>  <i>Spaghetti Noodles</i>  <i>Fresh Cinnamon Glazed</i> <i>Roasted Broccoli</i> <i>Garlic Bread</i>	<b>Beef &amp; Cheese Nachos</b> Seasoned Beef  <i>Cheese Sauce</i> <i>Roasted Tomato Salsa</i>  <i>Shredded Romaine Lettuce</i> <i>Diced Onions</i> Sour Cream	<b>Mashed Potato Bowl</b> Popcorn Chicken  <i>Mashed Potatoes &amp; Gravy</i>  <i>Seasoned Corn</i> <i>WG Dinner Roll</i> Shredded Cheese	<b>Chicken Tenders</b> <i>or Spicy Chicken Tenders</i>  <i>Macaroni &amp; Cheese</i>  <i>BBQ Baked Beans</i> <i>Corn on the Cob</i> <i>Mini Biscuit</i>	<b>Soup &amp; Sandwich</b> Grilled Cheese <i>Creamy Tomato Soup or</i> <i>Homemade Chicken</i> <i>Noodle</i> <i>Saltine Crackers</i> <i>Warm Cinnamon Apples</i>
<b>Grilled</b>				
<b>Combo Chicken Rings &amp; Mozzarella Sticks</b>  <b>Cheeseburger on Bun</b>  <b>Breaded Chicken Sandwich</b> <i>Seasoned Wedges</i>	<b>Mozzarella &amp; Mushroom Panini</b>  <b>Bacon Cheeseburger</b>  <b>Breaded Chicken Sandwich</b> <i>Tater Tots</i>	<b>Italian Chicken Parm Sandwich</b>  <b>Classic Cheeseburger</b>  <b>Breaded Chicken Sandwich</b> <i>Seasoned Fries</i>	<b>Mushroom &amp; Swiss Turkey Burger</b>  <b>Bacon Cheeseburger</b>  <b>Breaded Chicken Sandwich</b> <i>Tater Tots</i>	<b>Mini Corn Dogs</b>  <b>Mushroom &amp; Swiss Burger</b>  <b>Breaded Chicken Sandwich</b> <i>Curly Fries</i>
<b>2 Mato</b>				
<b>Italian Sausage Flatbread</b>  <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Homemade Pizza Bagels</b>  <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Pepperoni Pizza</b>  <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Cheese Croissant</b>  <b>Classic Pepperoni Pizza</b> <b>Classic Cheese Pizza</b> <b>Bosco Sticks &amp; Sauce</b>	<b>Pepperoni Flatbread</b>  <b>Classic Pepperoni Pizza</b> <b>Bosco Sticks &amp; Sauce</b> <b>Classic Cheese Pizza</b>
<b>So Deli</b>				
Made to Order Sandwich or Salad Bar	Made to Order Sandwich or Salad Bar	Made to Order Sandwich or Salad Bar	Made to Order Sandwich or Salad Bar	Made to Order Sandwich or Salad Bar
<b>On the GO</b>				
<b>Popcorn Chicken Salad</b>  <b>Turkey Ham &amp; Cheese Hoagie</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>	<b>Ham &amp; Turkey Chef Salad</b>  <b>Hummus with Veggies and Pita</b>  <b>Cheese, Cracker &amp; Grape Cup</b> <b>Berry Parfait</b>	<b>Beef Taco Salad w/Nacho Chips</b>  <b>Turkey &amp; Cheese Pinwheels</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>	<b>Ham &amp; Turkey Chef Salad</b>  <b>Turkey Ranch Club Wrap</b>  <b>Cheese, Cracker &amp; Grape Cup</b> <b>Blueberry Parfait</b>	<b>Chicken BLT Salad</b>  <b>Italian Ciabatta</b>  <b>Muffin, Yogurt, String Cheese &amp; Goldfish Crackers</b> <b>Strawberry Parfait</b>
<b>Extra Extra</b>				
<i>Tossed Salad</i> <i>Sesame Broccoli Salad</i>  <i>Fresh Baby Carrots</i> <i>Red Delicious Apple</i> <i>Chilled Applesauce</i>	<i>Chick Pea Salad</i> <i>Fresh Broccoli</i>  <i>Peas</i> <i>Red Grapes</i> <i>Sweet Peaches</i>	<i>Tossed Salad</i> <i>Marinated Cool Cucumbers</i> <i>Fresh Cherry Tomatoes</i> <i>Apple Slices</i> <i>Chilled Pears</i>	<i>Fresh Baby Carrots</i> <i>Sesame Broccoli Salad</i>  <i>Fresh Celery Sticks</i> <i>Orange Wedges</i> <i>Cinnamon Apple Slices</i>	<i>Tossed Salad</i> <i>Chick Pea Salad</i>  <i>Fresh Baby Carrots</i> <i>Fresh Pears</i> <i>Mixed Fruit Cocktail</i>

This institution is an equal opportunity provider.

WK4

**HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**